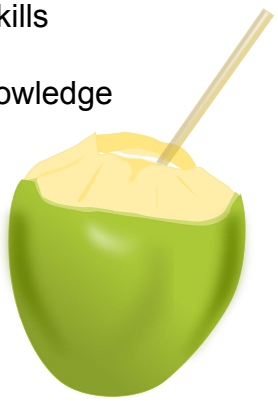
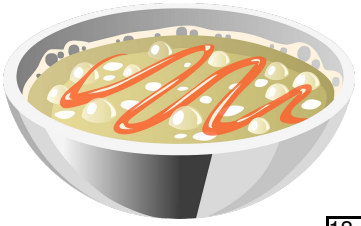
Name: _____

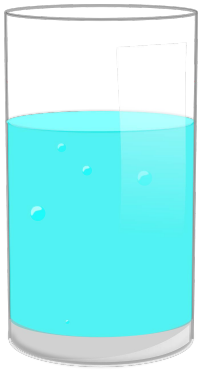
Foods

Crosswords Improve:
Cognitive Skills
Vocabulary
General Knowledge
Spellings

Complete the crossword below







Across

2. A meal taken in the middle of the day.
4. A liquid meal that can be very tasty, usually offered in a bowl, often taken before a meal.
6. It is not good to consume too _____ sugar or fat.
8. A food made up of two slices of bread with something in between.
11. Many people like to see this bird on a plate than in a zoo. Heavily consumed as meat worldwide.
12. I had just one loaf of _____ this morning.
14. A meal full of proteins, you can have it half boiled, boiled or fried.
15. Many people put this on a loaf of bread. It comes from milk.
16. A healthy side meal, a mixture of vegies such as lettuce, cucumber, tomatoes etc.

Down

1. People drink milk and water in a _____ .
3. A confectionery made from roasted and ground cacao seeds.
4. My _____ is full, I can't eat anything at all.
5. A very famous Italian food, people from all cultures love it.
7. A round seed that has water in it when green, and a tasty pulp when ripen.
9. Without _____ there would be no life on earth.
10. A meal taken before going to bed.
12. A fast food rhymes with hunger and starts with B.
13. Most cold drinks have too much _____, that is why they are so sweet.

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